



I AM Noticed Core Curriculum Grade Level Adaptations for 3-5

Resources referenced within adaptations. Please see worksheets below.

Curricular Focus: Introduction & Discovery

Lesson 1.1: Letter to Self

Supplies needed for adaptation: I AM Noticed Graphic Organizer

Description of Lesson Adaptation: Allowing for flexibility based on the comfort level of the student with writing vs. drawing is helpful. You may want to utilize the *I AM Noticed Graphic organizer*. Additional adaptations: Teacher to model an example letter, drawing, and/or graphic organizer. Pair students for peer interviews within this topic.

Curricular Focus: Introduction & Discovery

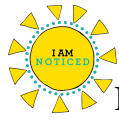
Lesson 1.2: I AM Noticed Cycle Worksheet

Description of Lesson Adaptation: Reference the *IAN Cycle*, *IAN Cycle with graphics* and the *Positive Practices worksheet* for visuals and language for support. Keep a cycle posted throughout the school year and reference often.

Curricular Focus: Introduction & Discovery

Lesson 1.3: Talking About Confidence

Description of Lesson Adaptation: Capture the thoughts from individual student worksheets during class discussion to create an anchor chart. The anchor chart will become a reference tool to support confidence in your classroom.



Curricular Focus: Want-To

Lesson 2.1: Have-to vs. Get-to

Description of Lesson Adaptation: Journal page to be filled out and then shared with a partner prior to coming together as a class. Answer the questions for this lesson on two separate pages then compare and contrast. This can help students be prepared for a deeper class discussion.

Curricular Focus: Want-To

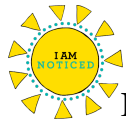
Lesson 2.2: Purpose & Gratitude

Description of Lesson Adaptation: Invite students to draw and/or write examples to capture their gratitude.

Curricular Focus: Want-To

Lesson 2.3: Want-To Leads To Confidence

Description of Lesson Adaptation: Divide the class into two groups. One group will observe while the other acts out the scenario. Switch groups. Ask students to write down what they observed.



I AM Noticed Core Curriculum Grade Level Adaptations for 3-5

Curricular Focus: Positive I AMs

Lesson 3.1: I AM Power List

Description of Lesson Adaptation: Using the I AM Word Bank, take time to go over definitions of words to help students have a deeper understanding all while expanding their vocabulary. As time allows, have students share their power lists with other students so they can find commonalities.

Curricular Focus: Positive I AMs

Lesson 3.2: I AM Blocks

Description of Lesson Adaptation: The simplicity of this lesson makes it fun and a great school wide project. However, if your school has done this and would like to come together to create a different positive to create a more meaningful message we encourage your creativity.

Examples include:

Making WE ARE blocks.

Use alternative shapes and sizes.

Use the I AM Noticed sunshine logo

Curricular Focus: Positive I AMs

Lesson 3.3: I AM Word Selfies

Description of Lesson Adaptation: Create word selfies with 2-3 students per day so it is not rushed. Allow students to write the words about the students being Noticed in their own handwriting when possible.



Curricular Focus: Noticing Goodness

Lesson 4.1: 1 Minute Mirror Challenge

Description of Lesson Adaptation: Allow for students to write down self-reflection instead of verbalizing in front of class.

Curricular Focus: Noticing Goodness

Lesson 4.2: Noticing Goodness Worksheet

Description of Lesson Adaptation: Encourage students to think deeper. As we develop a skill set for Noticing goodness we can not only Notice physical attributes and simple things about people but we can Notice the qualities and characteristics that make them unique and special. Encourage students to make this a daily practice.

Curricular Focus: Noticing Goodness

Lesson 4.3: Noticed Notes

Description of Lesson Adaptation: We would encourage having the students deliver the Noticed Notes in person. Have the students practice in class and or role play a scenario. For example: “I wanted to give this Noticed Note to you because I have Noticed your goodness.”



I AM Noticed Core Curriculum Grade Level Adaptations for 3-5

Curricular Focus: Receiving Goodness

Lesson 5.1: The Importance of Receiving

Description of Lesson Adaptation: There is no adaptation for this lesson, please reference the core curriculum for this lesson.

Curricular Focus: Receiving Goodness

Lesson 5.2: Role Playing Receiving

Description of Lesson Adaptation: Introduce this lesson to the students and have them complete the role play in class. Challenge the students to live out the role play in real life and observe real life examples of Noticing and Receiving. The students may even observe the absence of receiving. Ask them to be ready to discuss their findings the following day.

Example: If a student gets Noticed for holding a door open for someone, did they respond with a thank you?

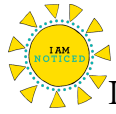
Curricular Focus: Receiving Goodness

Lesson 5.3: Role Models For Receiving

Supplies needed for adaptation: Role Models for Receiving worksheet

Description of Lesson Adaptation: Use the *Role Models for Receiving worksheet* and have the students color and create a person in their life that is good at saying thank you

and being kind. If time allows, have students share why and who they illustrated.



I AM Noticed Core Curriculum Grade Level Adaptations for 3-5

Curricular Focus: Rippling Goodness

Lesson 6.1: You Are The Rock In Your Ripple Worksheet

Description of Lesson Adaptation: Discuss this often and define the outcomes. Discuss how this changes year to year. Focus on intentionality.

Curricular Focus: Rippling Goodness

Lesson 6.2: Creating Ripples

Description of Lesson Adaptation: There is no adaptation for this lesson, please reference the core curriculum for this lesson. This is a great activity to do at various times and various spaces throughout the year.

Curricular Focus: Rippling Goodness

Lesson 6.3: You Matter Worksheet

Description of Lesson Adaptation: Invite students to draw it out, list it out, brain dump, word art ect. You may also Allow use of technology to get creative



I AM NOTICED Core Curriculum Grade Level Adaptations for 3-5

Curricular Focus: Application/Confidence

Lesson 7.1: A New Letter To Self

Description of Lesson Adaptation: Make sure students have access to original letters and/or graphic organizers. Allow students to reflect on the 1st letter/graphic organizer after they complete the second. This can allow for discussion on growth and change.

Curricular Focus: Application/Confidence

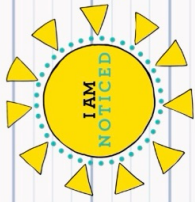
Lesson 7.2: How Are You Practicing Confidence

Description of Lesson Adaptation: Allow students to discuss as a class but use a visual to record ways they are practicing confidence (Wordle, Poster, Survey, Scale rating). Use the I AM NOTICED Cycle to reference positive practices that have led to an increase in confidence.

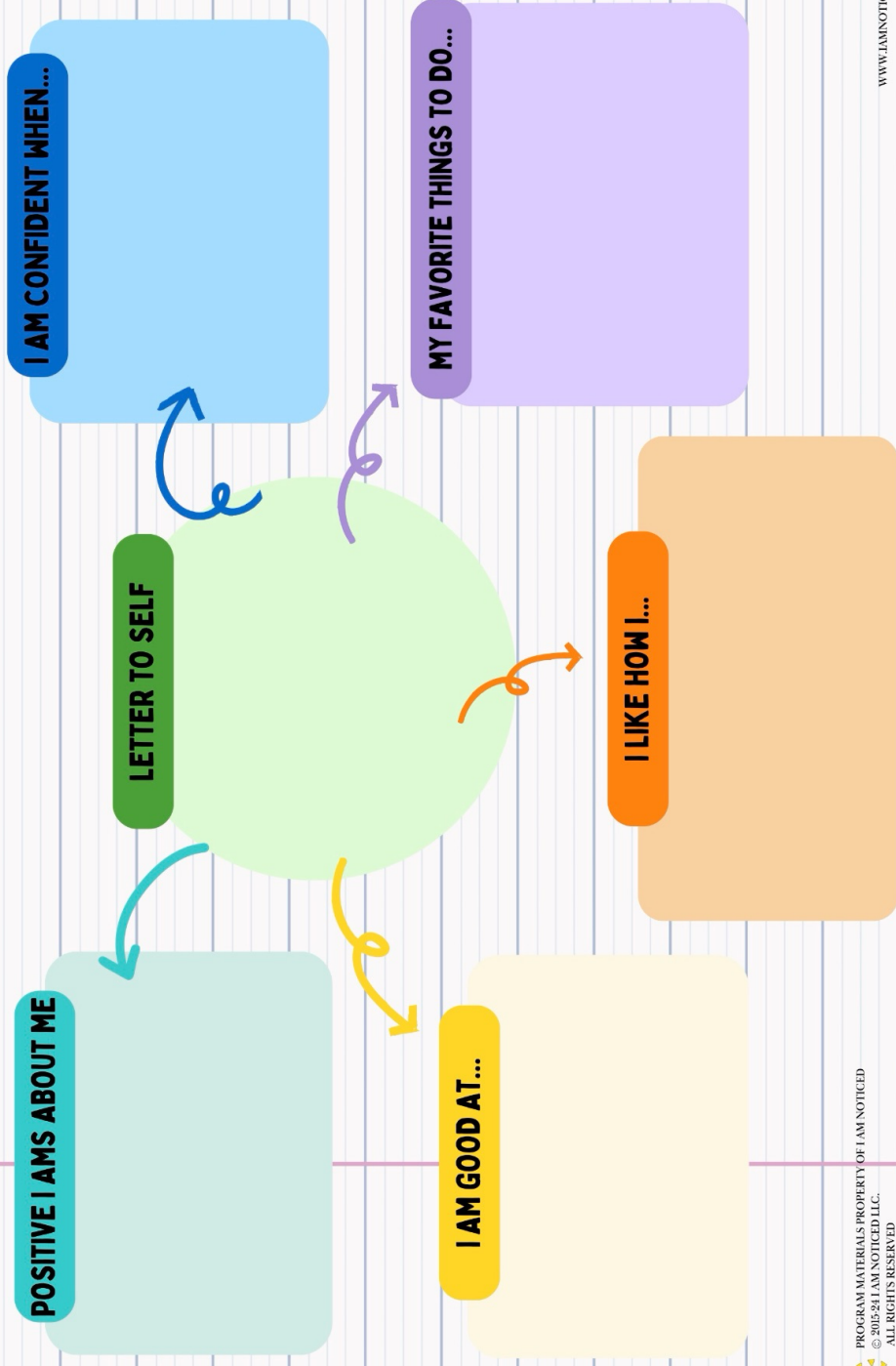
Curricular Focus: Application/Confidence

Lesson 7.3: We Are Poster

Description of Lesson Adaptation: In addition to establishing positive adjectives about your class collectively, capture the experiences you've shared that you are proud of.



I AM NOTICED GRAPHIC ORGANIZER



PRACTICE the I Am Noticed Cycle

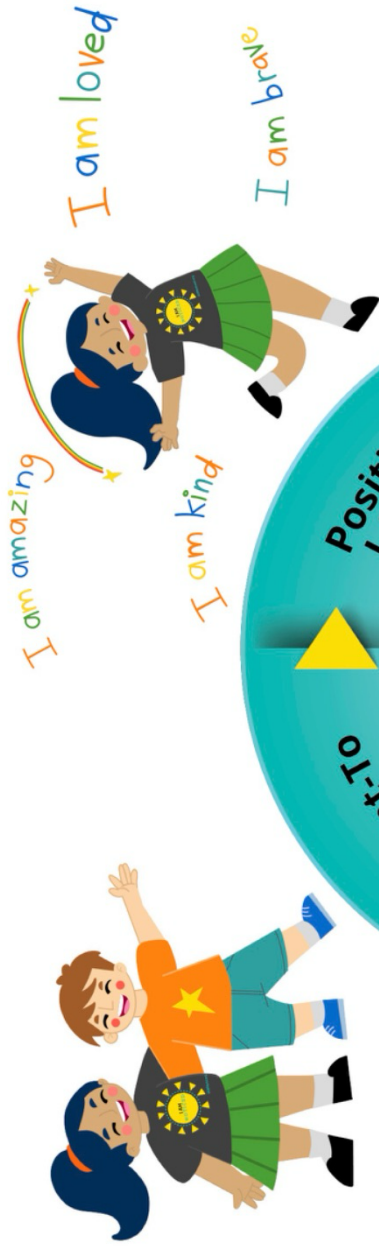


How are you doing?

We get good at what we practice.

Are you choosing to be confident?





Choose a positive attitude



Spreading Kindness



Positive Practices of I AM Noticed

Connection: Asking good questions. Using positive intra- & inter- personal communication to build positive relationships.

Want-to: Choosing to have a positive attitude and using gratitude as a tool.

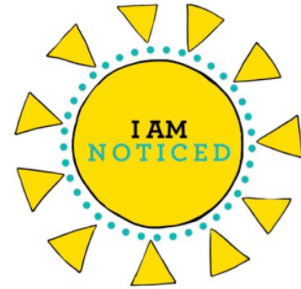
Positive I AMs: Practicing positive self-talk (Noticing the goodness in ourselves). Being kind in our minds.

Noticing Goodness: Spreading kindness. Noticing the goodness in ourselves and others, taking the time to share a heartfelt compliment to let others know they matter.

Receiving Goodness: Receiving goodness from others. Saying “thank you” and letting the goodness fuel our confidence while remaining humble.

Rippling Goodness: Understanding that our words and actions impact those around us. Choosing to say and do kind things.

Confidence: Practicing the steps of the I AM Noticed Cycle throughout our daily activities. Being proud of yourself. Being a positive part of your culture.

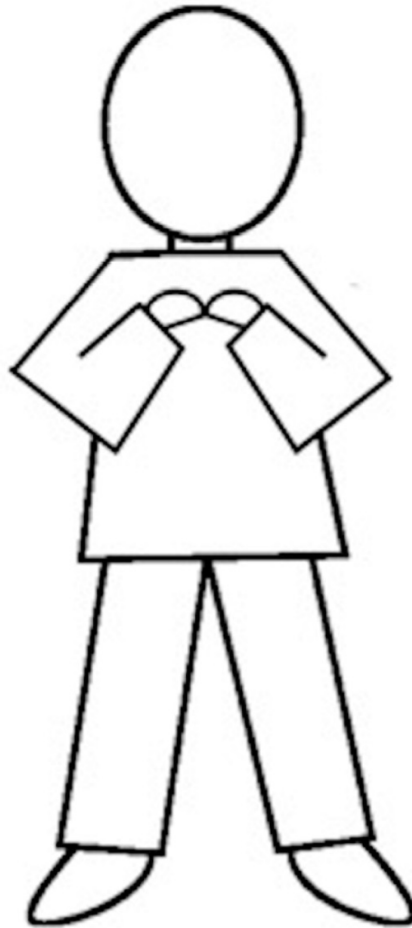


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Role Model for Receiving



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